

PATIENT INFORMATION

Date _____

Name: _____ Age: _____ Gender M F Birth Date: | |

Home Address: _____ City, State, Zip: _____

Home Phone: () Work: () Mobile: ()

Email Address: _____ SSN: - - Marital Status S M D W

Occupation: _____ Employer Name: _____

Spouse's Name: _____ Work Phone: () Cell Phone: ()

Spouse's Employer: _____ Occupation: _____

Names of Children: _____ Ages: _____

Emergency Contact: _____ Phone: () Relationship to Patient: _____

Who/how were you referred to this office? _____

PAIN ASSESSMENT

YOUR SYMPTOMS:

- | | | | | | |
|---|------------------------------------|--|-------------------------------------|---|------------------------------------|
| <input type="checkbox"/> Back pain | <input type="checkbox"/> Neck pain | <input type="checkbox"/> Shoulder pain | <input type="checkbox"/> Wrist pain | <input type="checkbox"/> Hip pain | <input type="checkbox"/> Knee pain |
| <input type="checkbox"/> Foot pain | <input type="checkbox"/> Headaches | <input type="checkbox"/> Weight gain | <input type="checkbox"/> Snoring | <input type="checkbox"/> Sleep problems | |
| <input type="checkbox"/> Other symptoms | | | | | |

How long ago did your most troubling symptom start? 1-2 weeks 2 wks-2 mths 2-6 mths 6-12 mths Other

What happened? _____

Is this condition related to: Auto accident Work injury If so, date of injury: _____

Is this condition getting worse? Yes No Is this condition: Constant Comes & goes Activity related

Please circle your worst pain level in the past couple of days (MILD) 0 1 2 3 4 5 6 7 8 9 10 (SEVERE)

What aggravates symptoms? Driving Reaching Lifting Stairs Walking Sitting Standing Prolonged positioning

Prior level of function: Normal/No complaints Limits: _____

Does complaint(s) interfere with: Work Sleep Hobbies Daily routine Explain: _____

Is there anything that has relieved your symptoms? Yes No Describe: _____

Have you experienced this condition before? Yes No Describe: _____

Whom have you seen for this? _____ What did they do? _____

How did you respond? _____

CHIROPRACTIC • PHYSICAL THERAPY • ACUPUNCTURE

Have you seen a Chiropractor before? Yes No Who? _____ When? _____

Reason for visits: _____ How did you respond? Better Worse No Change

Did your previous chiropractor take before and after x-rays? Yes No

Have you seen a Physical Therapist before? Yes No Who? _____ When? _____

Reason for visits: _____ How did you respond? Better Worse No Change

Have you seen an Acupuncturist before? Yes No Who? _____ When? _____

Reason for visits: _____ How did you respond? Better Worse No Change

Patient Name: _____

Date: _____

MEDICAL HISTORY

Please list any current medications See Med List

Please check/list any and all surgeries you have had:

- Tonsillectomy Gall bladder removal Hysterectomy
- Spinal fusion Spinal laminectomy Cesarean
- Carpal tunnel

Please list any medicine allergies N/A

Have you been diagnosed with depression, generalized anxiety, bipolar, schizophrenia? Y N

List any medical problems that other doctors have diagnosed:

Check any and all of the following that you have experienced in the past 12 months:

- Chest pain Difficulty breathing Abdominal pain Pain in joints Any weakness
- Palpitations Hearing changes Vision changes Cough Asthma/Wheezing
- Nausea/Vomiting Diarrhea Constipation Black/reddish stools Urination difficulties
- Headache/Migraine Dizziness/Fainting Seizures Fatigue Numbness/Tingling
- Snoring Sleep difficulties Weight Weight loss Sinusitis
- Reflux/Heartburn Recurrent colds Allergy/Hay fever Thyroid problems Ulcer
- Depression/Anxiety Hair falling out Menstrual discomfort Mood swings/irritability Rash
- Are you a smoker? Never Current _____ pk/day Previous: _____ years
- Do you drink? Never Current _____ drinks per week Social settings/On occasion

Any other substance use? Y N _____ How frequently?: _____

FOR STAFF USE ONLY

1st Diagnosis 1) _____ 2) _____ 3) _____ 4) _____ DR Init. _____

2nd Diagnosis 1) _____ 2) _____ 3) _____ 4) _____ DR Init. _____

E/M WELLNESS (99201) 99202 99203 99204 99205

X-ray: 72042 (C) 72080 (T) 72100 (L) 72020 (Single) 73560 (Knee) 73562 (Knee)

PT: 97001 97002 97140 97110 97112 97530 29200 29240 29530 29540 29260

Vitals: BP: _____ HR: _____ RR: _____ T: _____

NEXT VISIT: ROF: Spine ROF: Knee ROF: Headache Chiro Eval Medical Initial TREATMENT

Any other substance use? C T L Knee

Visit Frequency _____ x a week for _____ OR PRN Height: _____ Weight: _____

Patient Name: _____

Date: _____

INSURANCE INFORMATION

I clearly understand that all insurance coverage, whether accident, work related, or general health coverage is an arrangement between my insurance carrier and myself. I understand that if this office chooses to bill any services to my insurance carrier they are performing these services strictly as a convenience to me. Pain & Arthritis Relief Center will provide any necessary reports or required information to aid in insurance reimbursement of services, but I understand that insurance carriers may deny my claims and that I am ultimately responsible for any unpaid claims or balances.

I understand that there may be some services that my insurance company will not cover. If my insurance company notifies me that they are refusing payment for any services I have received, I will contact Pain & Arthritis Relief Center immediately to notify them of the nonpayment/rejection notice. I authorize the assignment of all insurance benefits to be directed to Advanced Wellness Systems, LLC (d/b/a Pain & Arthritis Relief Center) for services rendered.

Patient's Signature _____ Date _____

Parent/Guardian's Signature _____ Date _____

Who should receive charges on your account?

- Health insurance Medicare Auto insurance Workers compensation
 Patient Spouse Parent/Guardian

Name of Insurance Co. _____ Policy # _____

Policyholder information (if different from patient)

Insured's Name _____ Insured's Birth Date | |

Patient's Relationship to Insured _____ Insured's SS # (optional) _____

Do you have a secondary or supplemental insurance policy? Y N

Secondary Insurance Co. _____ Policy # _____

If auto accident or work injury:

Accident Location (City & State) _____ Date of Injury | |

Which auto insurance should be billed for medical claims?

If you have a **Maryland** policy, we must bill the vehicle owner's insurance or your auto insurance, NOT the at-fault party's.
If you have a **Virginia** policy, we must bill your auto insurance or the vehicle owner's insurance, NOT the at-fault party's.
If you have a **DC** policy, we must bill your health insurance first; then your auto insurance if the accident happened outside DC.
Please note: We cannot bill the at-fault party's auto insurance; we are required to bill your auto insurance or health insurance.

Insurance Carrier _____ Patient's insurance Vehicle owner's

Claim # _____ Policy State _____

Adjuster _____ Phone # _____

Mailing Address _____ Fax # _____

Personal Injury Protection (PIP) or Med-Pay Policy Limit \$ _____ Used \$ _____

Do you have an attorney on your case? Y N

Attorney _____ Phone # _____

Mailing Address _____ Fax # _____

CARE AUTHORIZATION

Patient Name: _____

I hereby authorize Pain & Arthritis Relief Center (PARC) and its licensed doctors/specialists, based on my complaints and the history I have provided, to undertake an examination and provide treatment that may include chiropractic adjustments, manual therapies, modalities and other tests and procedures considered therapeutically appropriate. I also wish to rely on PARC doctors/specialists to make those decisions about my care, based on the facts then known, that they believe are in my best interest. The specifics of the provider's recommended treatment plan will be further explained during a Report of Findings following the examination and any subsequent examinations and significant changes in your diagnosis or treatment plan.

I acknowledge that: (1.) PARC may not be a participating insurance provider (2.) PARC has applied to become a participating insurance provider (3.) the insurance carrier has not yet completed the assessment of qualifications of the treating provider to provide services as a participating provider; and any covered services received must be reimbursed by the insurance carrier at the participating provider rate.

I understand that I am responsible for all fees incurred for the services provided, and agree to ensure full payment of all charges. The health care providers will not be held responsible for any health conditions or diagnoses which are pre-existing, given by another health care practitioner, or are not related to the spinal structural or extremity conditions diagnosed at this clinic. By signing below I acknowledge my consent to be examined and allow PARC, as deemed appropriate by the examining physician, to take radiographs (x-rays) of my spine and/or extremities. I affirm that to my knowledge that I am not pregnant.

_____ (Initial)

Patient's Signature

Date

I hereby authorize PARC to administer care as deemed necessary to my child or dependent, a minor under the age of 18 years old.

Patient's Signature

Date

NOTICE OF PRIVACY PRACTICES

We care about our patients' privacy and are committed to protecting the confidentiality of your personal and medical information. We are required by law to maintain the privacy of protected health information and to inform you of our privacy practices.

Treatment at Pain & Arthritis Relief Center is provided in an open room where other patients are also being treated. Other persons in the office may overhear some of your health information during the course of your treatment. Should you need to speak with your health care provider in private, the doctor or specialist will provide a private room for these conversations. You may also request a private room should you need to discuss financial matters with a billing professional.

Your personal information and clinical records that may be used for the following purposes:

- To provide you the best care and service possible, including for quality control and training purposes.
- To contact you with appointment reminders, health-related email messages, and birthday or holiday cards.
- To coordinate treatment with other health care professionals, including referring practitioners and primary care providers.
- To obtain payment, billing information and medical records that may be provided to your insurance and to our billing service.

You have the following rights with regard to your health information:

- The right to review the above notice prior to signing this consent.
- The right to receive a copy of this notice of privacy practices for your records.
- The right to request restrictions as to how your personal or contact information may be used. Requests must be in writing.
- The right to request copies of your medical records. There may be a reasonable fee for photocopying and postage.
- The right to ask us, in writing, to amend your medical records if you feel the information is incomplete or inaccurate.
- The right to file a written complaint with our office or with the Department of Health and Human Services if you believe your privacy rights have been violated. You will not be penalized or discriminated against for filing a complaint.

I have reviewed the notice of privacy practices provided to me by Pain & Arthritis Relief Center and grant permission for PARC to use and disclose my protected health information in accordance with the conditions listed above.

Patient's Signature

Date

May we include you on our email list? Y N (You will be included unless you opt out.)